

Meditation Visa Requirements

- (1) Duly filled and signed Religious visa application form and work history form.
- (2) Two recent color passport photos with white-colored background (Scanned photos are not allowed)
- (3) An original passport with at least 6 months validity
- (4) A copy of passport photo page
- (5) Letter addressed to the Ambassador.
- (6) Recommendation and sponsorship letter from the Meditation Center/ Monastery/ Venerable Sayadaw in Myanmar
- (7) Recommendation by the Ministry of Religious Affairs certifying that the meditation center is recognized by the ministry.
- (8) A copy of Flight Ticket
- (9) Meditation Visa fee for Single Entry : Euro 50
Meditation Visa fee for Multiple Entries (3 Months) : Euro 140
Meditation Visa fee for Multiple Entries (6 Months) : Euro 280
Meditation Visa fee for Multiple Entries (1 Year) : Euro 420
(Payment should be arranged through Debit Card/ Cash only)

Visa Information/ Important Information

- Validity of the Meditation Single Entry Visa is 3 Months from the date of issue. The duration of stay in Myanmar is 70 days from the date of arrival. Extension of the visa can be applied according to the rules and regulations.
- Meditation Multiple Entry Visa (MJEV) for 3 Months/ 6 Months/ 1 Year can be applied. Please note that first time visitors for meditation purpose are not eligible to apply for MJEV.
- It takes 5 business days to process a complete application.
- The applicants are suggested to submit their applications in advance according to their travel plans.
- The Embassy will not be responsible for too early or late applications.
- Visa service by post or same day service is not available.
- Visa fees are non-refundable.

Office Hours of Visa Section

Submission Time of application form (10:00-12:00)	Afternoon Break (12:00-14:00)	Collection Time (14:00-16:00)
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Photograph quality

The photographs must be:

- Taken within the last 6 months
- 35-40 mm in width
- Close up of your head and top of your shoulders so that your face takes up 70-80% of the photograph
- In sharp focus and clear
- Of high quality with no ink marks or creases
- Show you looking directly at the camera
- Show your skin tones naturally
- Have appropriate brightness and contrast
- Be printed on high quality paper, and at high resolution
(Photographs taken with a digital camera must be high quality colour and printed on photo-quality paper)

Style and Lighting

- Be colour natural
- Show your eyes open and clearly visible, no hair across your eyes
- Show you facing square to the camera, not looking over one shoulder (portrait style) or tilted, and showing both edges of your face clearly
- Be taken with a plain light- coloured background
- Be taken with uniform lighting and not show shadows or flash reflections on your face and no red eye

Glasses and head covers

If you wear glasses:

- The photograph must show your eyes clearly with no flash reflection off the glasses, and no tinted lenses (if possible, avoid heavy frames wear lighter framed glasses if you have them)
- Make sure that the frames do not cover any part of your eyes

Head covering:

- Are not permitted except for religious reasons, but your facial features from bottom of chin to top of forehead and both edges of your face must be clearly shown.

Expression and Frame

Your photographs must:

- Show you alone (no chair backs, toys or other people visible), looking at the camera with a neutral expression and your mouth closed.